

Registered Training
Organisation (70217)



**Triple O
Solutions**

Fire . Safety . First Aid



SAFE WORKING AT HEIGHTS

Course Brochure v2.1



NATIONALLY RECOGNISED
TRAINING

SAFE WORKING AT HEIGHTS

Description

This course provides participants with the knowledge and skills to work safely at heights in accordance with relevant legislation, Codes of Practice and Australian Standards. Participants will learn how to safely use ladders and various fall prevention equipment whilst also covering the rescue & treatment of fallen personnel.

Who is this course for?

This course is suitable for any person required to perform work at heights.

Units of Competency

- RIIWHS204E Work safely at heights

Course Duration

8 hours (initial); 6 hours (refresher*)

Student Numbers

Min 6; Max 12

Course Content

- Australian Standards and relevant legislation
- Hazards, risks and control measures for working at heights
- Ladders
- Fall protection equipment
- Inspection & maintenance of equipment
- Safe working methods
- Suspension trauma
- Rescue techniques
- Simulated practice scenarios

Award Issued

Upon successful completion of the assessment requirements of this course, students will receive a nationally recognised statement of attainment and wallet card.

Recertification

Refreshers recommended every two years.

Pre-requisites

Nil

Pre-entry Requirements

Students must be physically capable of participating in the practical activities and demonstrate a basic level of language, literacy and numeracy.

Delivery Methods

The course content will be delivered in a classroom environment using PowerPoint presentations, videos, group discussions and a number of demonstration and skill building activities.

Assessment Methods

Students will be assessed in a simulated practical scenario involving work at heights. Underpinning knowledge will be assessed with a theory assessment (containing multiple-choice questions).

Notes

All of our courses are tailored to site policies and procedures.

Appropriate clothing is to be worn when attending training including long pants, long shirts and enclosed footwear. PPE specified by the workplace is also to be worn.

*Refresher training is only available to those people who have proof of undertaking the same unit of competency previously.

Bookings and Enquiries

Full terms and conditions will be provided at the time of booking.

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